



KELP
(*ascophyllum nodosum*)

Common Uses

Sea Kelp acts as your body's defense against the absorption of radioactive contamination in the body. Let's face it, we live in a highly polluted world. Planetary radioactive pollution surrounds us; the cause ranging from nuclear 'accidents' to the waste products that we have 'disposed of' are beginning to leak, not to mention the radiation emitted by our everyday lifestyles (cell phones, televisions, etc.) Scientists are saying that the population already has dangerous amounts of radioactive rays. Blood disorders, anemia, bone cancer and other ailments are a direct bi-product of this toxicity. Radioactive Iodine is absorbed readily into the body and is concentrated mainly in one place...the thyroid gland. The thyroid gland influences the entire metabolic system. More and more people these days are getting chronic headaches and suffering from depression. Consistent weight gain over long periods of time is becoming normal.

Sea Kelp reduces the absorption of these toxins by up to 80%. It contains valuable Iodine, most Trace Elements, as well as a Vitamins C, K, A, E, D and B12. It also contains complete proteins. Because of the 3% sodium content in Kelp, many people use it as a salt substitute in cooking.

This information is for informational purposes only. This information has not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, cure or prevent any disease. Always consult your physician before taking any medicine, herbal or otherwise.

